

In the Claims:

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1. (Currently amended) An attachment plate of a flexible, bendable material comprising:
two tongue shaped portions including a first tongue and a second tongue,
a foot portion of the first tongue and a foot portion of the second tongue held to the plate while each respective tongue, extending from the foot portion to an outer free end of each tongue, respectively, is outwardly bendable from the plate and the outer free ends of the first tongue and the second tongue are immediately adjacent to one another at a slit formed by a perforation,
the outer free end of each respective tongue having at least one narrowing portion,
the first tongue facing the second tongue so that the foot portion of the first tongue is disposed at one end of the attachment plate and the foot portion of the second tongue is disposed at an opposite end of the attachment plate,
the outer free end of the first tongue having a first cavity defined therein,
the outer free end of the second tongue having a second cavity defined therein,
a protrusion of the outer free end of the second tongue extending into the first cavity,
a protrusion of the outer free end of the first tongue extending into the second cavity,
the first tongue and the attachment plate having first side-slits defined ~~therein~~ therebetween and extending along each side of the first tongue from the foot portion of the first tongue to the outer free end at the slit ~~of the first tongue,~~ ↑
the second tongue and the attachment plate having second ~~slide~~